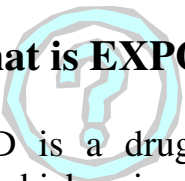


What is EXPOSED?



EXPOSED is a drug and alcohol project, which aims to increase awareness and decrease the harm of alcohol and other drugs amongst tertiary students at the University of Sydney.

Exposed is a joint partnership between **The University of Sydney Union** and the **Health Education Unit**.

Is there really a need for this type of project on campus?

Results from a recent student survey revealed some interesting statistics and are providing direction for the project:

- 71% vomited due to alcohol
- 54% had used marijuana
- 27% consume 6+ drinks in a single session
- 27% had been passengers in a car of a drunk driver
- 25% had used ecstasy
- 14% had engaged in unprotected sex while intoxicated

What have students told us they want?

A summary of student feedback shows that the following areas are of particular interest:

- Drink Spiking Awareness Campaigns
- Save-A-Mate First Aid Training Courses
- Alcohol awareness campaigns
- Quit Smoking programs
- Film Screenings
- Permanent installation of breathalysers in bars
- Condom dispensing machines in toilets
- Provision of more hot food in bars
- Increased awareness of AOD and counselling services
- Drug and Alcohol Awareness Week on campus
- Training Student Representatives

These are some areas that EXPOSED is aiming to address in 2004 through a variety of events on campus.

How can you get involved in this project?

You may be able to help in the development, promotion, and implementation of project events. Or maybe you have ideas about the types of events that should be offered to students.

Getting involved can be a fun way for students to gain some valuable work experience in the areas of health, public relations, event management and many more.

All students are welcome, if you're interested contact either:

The University of Sydney Union
School Tutoring Office,
Level 4 Wentworth Building
Ph: 9563 6011
s.mackey@usu.usyd.edu.au

The Health Education Unit
Faculty of Education
Bldg A35, Rm 328
Ph: 9351 6230
k.fitzgerald@edfac.usyd.edu.au



SUPPORT CONTACTS

On Campus

Counselling Services

Ph: 9351 2228

Health service – Holme Building

Ph: 9351 4095

Health Service – Wentworth

Ph: 9351 3484

Security (all hours)

Ph: 1800 063487 – free call
9351 3333 – emergency

Koori Centre

Ph: 9351 2046

Student Centre

Ph: 9351 3023

Off Campus

Sexual Assault Service

Ph: 95157566

95156111 (after hours)

Sydney Rape Crisis Centre

Ph: 98196565 (24 hours)

Central Sydney Area Health Services

Drug Services

Ph: 9515 6311

Police / Ambulance Emergency

Ph: 000

OTHER SERVICES

Talk Out Loud -Drugs Alcohol Friends Help

Ph: 1800 55 1800

Family Drug Support

Ph: 1300 368 186

Alcohol & Drug Information Service (ADIS)

Ph: 9361 8000 (24 hours)



USEFUL WEBSITES

Australian Drug Information Network (ADIN)

www.adin.com.au

Australian Drug Foundation (ADF)

www.adf.org.au

Drug Safe – Life Education

www.drugsafe.org

Alcohol and other Drug Council of Australia (ADCA):

www.adca.org.au

National Alcohol Campaign

www.nationalalcoholcampaign.health.gov.au

Quit Smoking

www.quitnow.info.au



Visit www.usydunion.com and follow the links to drug and alcohol issues.



The University of Sydney
Health Education Unit